



Upminster Hockey Club Ltd

Codes of Conduct

Code of Conduct for officials/team managers/volunteers

Applicable to all officials/team managers/volunteers operating within Upminster Hockey Club are encouraged to conduct themselves to high standards and adopt recognised best practice where applicable. In addition to their own standards, team managers/volunteers should be aware of and adopt UHC's own policies and procedures:

- Codes of conduct for players, coaches and parents/guardians
- Safeguarding and protecting children policies and guidance
- Equality policies
- Accident and Emergency procedures

The club will listen and respond to matters that the coaches/ team managers/officials bring to its attention in relation to their work and will support, where possible, their training needs.

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Any person found to be in breach of the Codes of Conduct will be subject to the club's disciplinary procedures.

As a member of UHC Ltd you agree to abide by the relevant code of conduct/s as well as EHB's Ethics and Behaviour (RESPECT) policy



Code of Conduct for parents, guardians and carers

Upminster Hockey Club promises a friendly, safe and welcoming environment that provides opportunities for your child to play hockey at the best of their ability. UHC aims to balance participation and performance within its junior section as the club strongly believes that children should ultimately be playing the game for enjoyment.

To assist with this objective, the club asks that all parents, guardians and carers abide by the following code of conduct:

- Never force your child to participate in hockey.
- Support your child's involvement and help them to enjoy training sessions, matches and the social aspects of the game.
- Encourage your child to learn the rules and better understand the game.
- Try to improve your own understanding and enjoyment of the game by also learning the rules.
- Follow the club rules and the instructions of coaches and officials at training sessions and matches, both home and away.
- Discourage unfair play from your child and arguing with coaches and officials.
- Accept the coaches and officials' judgements and do not directly challenge them.
- Use correct and proper language at all times.
- Set a good example by recognising fair play and applauding the good performances of all teams, players, coaches and officials.
- Help your child to recognise honest effort and good performance, not just results.
- Never punish or belittle children for losing or making mistakes.

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Code of Conduct for coaches

The playing success of Upminster Hockey Club at both junior and senior levels is based upon the input and performance of all its coaches. They help the club's Executive to deliver the club's ethos; accommodating all standards and ages of hockey players and focus on providing a fantastic hockey experience to all of our members.

In carrying out these roles, coaches are expected to:

- Maintain their DBS status and liaise with the club's Child Welfare Officer to that end.
- Be familiar with and uphold the club's policies and procedures on:
 - Safeguarding and protecting children
 - Equality
 - Medical
 - All Codes of Conducts
 - Accident and Emergency procedures
- Be punctual and prepared for all coaching sessions and ensure that they are dressed in appropriate clothing.
- Prepare all coaching sessions in advance and ensure that appropriate equipment is available.
- Be aware that player safety is of paramount importance.
- Avoid the use of profane language during coaching sessions, do not smoke while coaching and do not under any circumstances coach while under the influence of alcohol
- Be a role model and professional at all times when coaching the players they are working with and the players' parents, families, guardians and carers as well as spectators.
- Encourage appropriate behaviour by players during training sessions, matches and in the club house.
- Ensure that adult team selection follows the club's selection policy and that junior team selection is based clear and equitable criteria to involve all squad members in appropriate matches during the season.

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- Lead by example in abiding by the rules of hockey. All players should be encouraged to uphold the spirit of the game. Encourage them at all times to treat opponents, officials and spectators with respect.
- Communicate professionally and regularly with the Executive/Captain of Junior Hockey, squad managers, fellow coaches and parents.
- Act as a role model and mentor to assistant coaches and emerging juniors, providing constructive feedback as to how players and teams can improve.
- Ensure there is adequate supervision of coaching sessions to encourage the safe and friendly participation of all players. Inappropriate or disruptive behaviour should be notified to the Executive / relevant Section Captain or relevant squad manager.

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Code of Conduct for Players

The success of Upminster Hockey Club is ultimately attributable to the club's membership. In order to achieve the club's vision to be a friendly, safe and welcoming environment that provides opportunities to play hockey at the best of your ability, the club requires that all players abide by the following code of conduct.

This code of conduct will apply to all hockey played including, league games, friendly matches or training sessions.

At all times players will:

- Respect the spirit of fair play in hockey. This is more than playing within the rules. It also incorporates the concepts of friendship, respect for others and always participating with fair play.
- Respect umpires, officials, coaches, players and spectators. No abuse will be tolerated at any time.
- Conduct themselves in a manner that takes all reasonable measures to protect their own safety and the safety of others.
 - Never participate when under the influence of alcohol or drugs.
- Promote the reputation of the club and take all possible steps to prevent it from being brought into disrepute.
 - Accept success and failure, victory and defeat, with dignity.
 - Set a positive example for others.
- Only the Team Captains should discuss decisions with Umpires during a game. Direct any queries to your Captain.
- All players should dress appropriately during games and all shirts should be numbered. Club kit is as follows:
 - Men – Blue and gold shirt, navy and gold shorts, Blue with gold trim socks (alternative shirt is red).
 - Women – As above but navy shorts or skirts (alternative shirt is red).
- Shake hands with opponents and Umpires at the end of a game.
- Regularly attend club training.
- Keep Captains informed of your availability and avoid dropping

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out at short notice.

- Avoid the use of profane language or gestures.
- Be familiar with and uphold the club's policies and procedures on:
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 - Equality
 - Medical
 - All Codes of Conducts
 - Accident and Emergency procedures

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