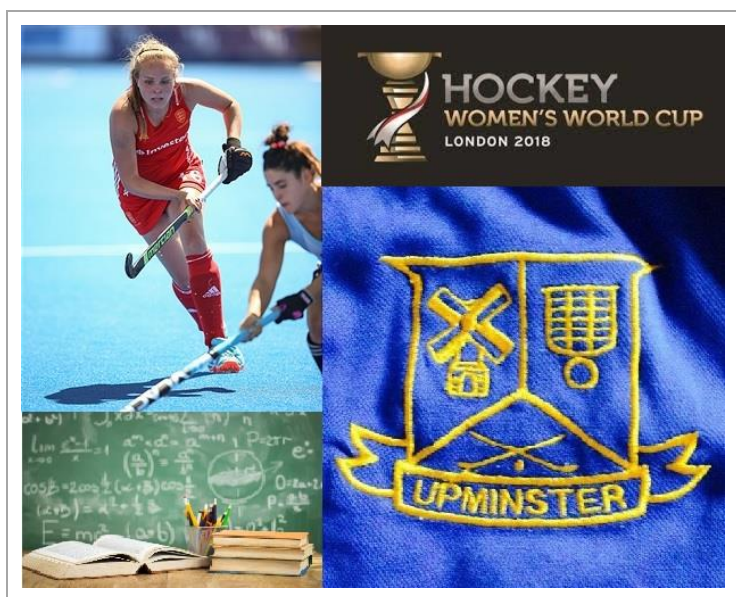




Auction of Promises

28th October 2017



UPMINSTER HOCKEY CLUB

Bidding starts at 8pm
Hosted by Tony Dance

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Welcome to the Auction of Promises

We are delighted to welcome you to Upminster HC's first ever Auction of Promises. Tonight is about raising awareness about the ladies indoor campaign and raising funds that will allow the programme to continue to grow for future years. Donations made through the auction and raffle will go towards developing junior indoor hockey, opening up the indoor game to more players across the club and supporting the performance of our ladies indoor first team.

Thank you for supporting the girls and we hope you have a great evening bidding on the fantastic promises we have up for grabs tonight!

SUMMARY OF THE PROMISES

Lot	Promise	Promised by
1	A sports vision assessment	Dave Robeson
2	Hair & make up for a night out	Vikki Dawson
3	DIY hour	Dom Boyle
4	Stripping! Wallpaper	Harriet Davies
5	1 hour filing/shredding	Charlotte Triggs
6	2 tickets to Women's Hockey World Cup 2018	Megan Miller
7	Four 1:1 coaching sessions	Bella Boyle
8	1:1 coaching with Emily Defroand	Emily Defroand
9	1 hour dog walk	Robyn Hodges
10	1 hour chemistry tuition	Rosie Pettingill
11	1 hour personal training	Kerry Hodges
12	1 hour karate lesson	Dave Young
13	30 minute muscle activation session	Kerry Hodges
14	Trick or Treat!! Mystery Promise	Hannah Charman
15	Meal for 2 prepared by Nick Griffiths	Nick Griffiths (Chip)

PROMISES 'JUST FOR YOU'

Lot	Promise	Promise Description
1	A sports vision assessment	A full sports vision assessment at K.J.Green Opticians, Benfleet including a full eye exam, extra tests to support sport-related vision and advice on contact lenses, sports glasses, exercises and knowledge of your visual characteristics.
2	Hair & Make Up	Got a big date or night out with the girls? Get the full treatment with Vikki, as she'll do your hair and make-up before heading out for a fab night!

FLEET OF FOOT

Fleet of Foot is a home based podiatry and chiropody clinic in Upminster taking appointments:

Monday - Friday from 9am - 6pm.

W: fleetoffoot.co.uk T: 01708 535475

Fleet of Foot
Podiatry and Chiropody

HOME LOVING PROMISES

Lot	Promise	Promise Description
3	DIY hour	An hour of DIY with spare-time handy man Dom Boyle. This guy is better than just hanging pictures, so make your list good, as you've only got him for an hour!
4	Stripping! Wallpaper...	Getting ready to re-decorate? Bring in Harriet to show off her secret talent of stripping wallpaper. Yes, she definitely said wallpaper. Valid for one room.
5	1 Hour Filing/ Shredding	Have a stack of post or paperwork piling up? Hand it over to Charlotte who will shred your junk mail, file your papers and get that pile into order!

KELLY & VICTORIA'S FLORAL DESIGN

A friendly family run florist that is here to help you on every occasion. Providing top quality flowers and service with a smile!

W: kvfloraldesigns.co.uk T: 01708 470321



HOCKEY PROMISES

Lot	Promise	Promise Description
6	2 Tickets to Women's Hockey World Cup 2018	Did you miss out on tickets for the Women's Hockey World Cup 2018 at Lee Valley? Then get bidding on this pair of tickets for the Quarter Final games on 2 nd August 2018
7	Four 1:1 Coaching Sessions	Four, 1-hour sessions with Bella at Coopers. We can work on certain skills, positional play or tactics - whatever you need!
8	Coaching from Emily Defroand	Meet Emily, England and GB Hockey player, for a 45-minute coaching session at Coopers.

HOCKEYBOX

Providing innovative hockey training products that accelerate the development of hockey players. The hockey box brand prides itself on top quality products, innovative designs, being socially responsible and providing exceptional customer service.

W: thehockeybox.co.uk



WALK & TALK PROMISES

Lot	Promise	Promise Description
9	1 hour dog walk	This time, the dog will be taken through their paces as Robyn has promised an hour's dog walk. Not to be taken lightly, as it's likely to be a run and doggo is likely to sleep for a week....
10	1 hour chemistry tuition	Need some extra help with chemistry? Then book Rosie up for 1 hour's tuition. Tuition covers KS3, KS4 (GCSE) and KS5 (A-Level)

BROCKS HAULAGE LTD

Established in 1974, Brocks Haulage Ltd is a family run haulage organisation that prides itself on a reputation built on honesty and trust.

W: brockshaulage.co.uk T: 01708 861021



HEALTH & FITNESS PROMISES

Lot	Promise	Promise Description
11	1 hour personal training	Let Kerry take you through your paces for an hour and help you to get a workout plan you can do at home!
12	1 hour karate lesson	An hour with karate specialist Sensei Dave will be perfect if you've ever wanted to try the sport or learn a few Self-Defense techniques.
13	30 minute muscle activation session	Perfect for after a tough Saturday game! A 30-minute muscle activation session with Kerry can help increase strength, muscle co-ordination and flexibility as well as lower the risk of injury.

BETTERGYM ROMFORD

Located in the heart of the market with 150 stations using Technogym equipment. With various membership options available, there's never been a better time to join!

W: better.org.uk/romford T: 01708 744 515



FOODY PROMISES

Lot	Promise	Promise Description
14	Trick or Treat!! Mystery Promise	Will you get a trick or treat with Hannah? The lucky winner will choose a mystery envelope to discover what they've won!
15	Meal for 2 prepared by Nick Griffiths	A 3 course meal prepared by Nick Griffiths, Executive Sous Chef for Victory House Hotel, led by head chef Ed Baines. Dinner can be prepared at your home or delivered to you. This can be purchased for more than 2 people, however a surcharge will apply.

SEAWORLD

Cranham's finest Fish & Chips, BBQ & Kebab.

Open 11:30am – 10pm daily.

A: Willow Parade, 8 Moor Lane T: 01708 227 433



Helpful Info

What's different about an Auction of Promises?

Rather than bidding on goods, at this event you'll be bidding on something that our club members, their families and friends have offered to do.

How can I bid even if I can't come to the event?

Silent bids will be taken by either email, text message or phone calls to Bella Boyle throughout:

12pm Sunday 22nd October – 9am Saturday 28th October.

Email: bella.colafrancesco@icloud.com

Telephone: 07528186165

What will happen on the night?

There will be a BBQ, drinks offers and a raffle all going on throughout the evening. At 8pm, bidding for the auction will start.

Host, Tony Dance, will go through each lot and the highest bidder will win the promise.

Lot winners will receive a voucher with a full description of what they have purchased and how to redeem their promise.

MCO DEVELOPMENTS

MCO has built a portfolio of development and investment schemes across various sectors since launching in 2000. Working with household brands such as Marks & Spencer's, Premier Inn, Halfords and Homebase MCO are leaders in property development and active asset management.
W: mcodevelopments.com



GILL & TONI COLAFRANCESCO

Good luck Upminster Ladies Indoor Team! Get yourselves off to National League in December. Love, The Colafrancesco's xx

WITH THANKS TO OUR AUCTION SPONSORS



And the Ladies Indoor Hockey Sponsor



Keep up with Upminster HC's latest news.

Facebook: @UpminsterHC

Twitter: @UpminsterHC

Instagram: @upminsterhockeyclub

Web: upminsterhc.co.uk

