



# Risk Assessment 2022-23 Season *Upminster HC*



Venue: Coopers Coborn School

Completed by: Michael Scrivener

Date:

## Playing Area/Training Area

Check that the area and surroundings are safe and free from obstacles, check floor, roof leaks, lighting, heating, security and welfare.

| What are the Hazards?  | Who might be harmed  | What are you already doing?  | Further action  | Action by      | Action Date | Progress |
|--|----------------------|--|---|----------------|-------------|----------|
| Personal Injury <ul style="list-style-type: none"><li>• Slip/Trip</li><li>• Collision</li><li>• Hit by hockey ball/stick</li><li>• Body Injury( Pulled Muscle)</li></ul> | Players & Spectators | <ul style="list-style-type: none"><li>• Pitch maintained by Coopers Coborn School</li><li>• Floodlights used in poor lighting (Operated by the school on request)</li><li>• Play prevented when pitch is frozen</li><li>• Players advised to wear protective equipment (Shin guards, gum shield, face guards, gloves when on pitch)</li><li>• Goal keepers are fully kitted up at all times when on the pitch</li><li>• Warm up sessions are encouraged prior to</li></ul> | <ul style="list-style-type: none"><li>• Constant dialog with the school regarding the playing surface</li></ul> | Club Directors | Ongoing     |          |



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|  |  |   |  |  |  |  |
|--|--|---|--|--|--|--|
|  |  | <p>games to minimise injury</p> <ul style="list-style-type: none"><li>• Qualified coaches in charge of any training sessions</li><li>• Fully equipped first aid kit available for all sessions and each team captain also has a kit.</li><li>• Coaching sessions segregated to minimise risks</li><li>• Mobile phone available for all sessions and games, Landline available in the school</li><li>• Qualified umpires officiate all games</li><li>• Spectators advised to stay back from the pitch edge</li></ul> |  |  |  |  |
|--|--|---|--|--|--|--|



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## Car park

| What are the Hazards?                       | Who might be harmed     | What are you already doing?  | Further action | Action by | Action Date | Progress |
|---|-------------------------|--|----------------|-----------|-------------|----------|
| Personal Injury<br>Road Traffic<br>Accident | Players &<br>Supporters | <ul style="list-style-type: none"><li>Entrance/exit to car park clearly marked</li><li>For large events, Parking can be controlled and additional parking made available in the larger school car park</li><li>Car park well lit</li></ul> |                |           |             |          |

## Changing rooms/Club house

| What are the Hazards? | Who might be harmed      | What are you already doing?   | Further action | Action by | Action Date | Progress |
|-----------------------|--------------------------|---|----------------|-----------|-------------|----------|
| Personal Injury       | Club members &<br>Guests | <ul style="list-style-type: none"><li>Clubhouse &amp; Changing Facilities have sufficient lighting</li><li>Clubhouse professionally cleaned on a weekly basis</li></ul> |                |           |             |          |



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## Equipment

Check that it is fit and sound for activity and suitable for age group/ability, check there is no equipment left from other activities or obstructions left in the sporting area

| What are the Hazards?                          | Who might be harmed    | What are you already doing?   | Further action | Action by | Action Date | Progress |
|--|------------------------|---|----------------|-----------|-------------|----------|
| Personal Injury from Goalposts/other equipment | Players and Spectators | <ul style="list-style-type: none"><li>• Goalposts are maintained by Coopers Coborn School</li><li>• If Goalposts need to be moved, ensure at least two people are used.</li><li>• Club goalkeeping equipment checked on a regular basis to ensure these players are fully protected</li></ul> |                |           |             |          |



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## Participants

Check that the attendance register is up to date with medical information and contact details. Check that performers are appropriately attired for the activity.

| What are the Hazards?               | Who might be harmed | What are you already doing?   | Further action | Action by | Action Date | Progress |
|-------------------------------------|---------------------|---|----------------|-----------|-------------|----------|
| First Aid being applied incorrectly | Players             | <ul style="list-style-type: none"><li>• A register is taken at each youth training session</li><li>• Each Coach has a copy of all youth players contact details together with any medical conditions</li><li>• At each session a mobile phone is available should an incident occur. A land line is available in the school office.</li></ul> |                |           |             |          |



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## Emergency points

Check that emergency vehicles can access facilities, and that a working telephone is available with access to emergency numbers.

| What are the Hazards?                            | Who might be harmed | What are you already doing?   | Further action | Action by | Action Date | Progress |
|--|---------------------|---|----------------|-----------|-------------|----------|
| Emergency Vehicles unable to access the facility | Injured individuals | Access to the astroturf facility is always available, should is not be available the astroturf facility can be accessed through the school buildings. |                |           |             |          |

## Safety information

Check that evacuation procedures are published and posted somewhere for all to see. Ensure that volunteers and staff have access to information relating to health and safety.

| What are the Hazards?           | Who might be harmed  | What are you already doing?   | Further action | Action by | Action Date | Progress |
|---------------------------------|----------------------|---|----------------|-----------|-------------|----------|
| Full evacuation of the facility | Players & Spectators | Coopers Coborn to provide details of their evacuation procedure. Each coach would have a copy of this document. |                |           |             |          |

SIGNED:

DATE: